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**HAIL TO
THE CHIC**
THE BEST NEW
AMERICAN
FASHION

Oh, Suzanne: The
Return of L.A.'s Most
Over-the-Top Socialite

Waist Not, Want
Not: Secrets of
Skinny Foodies

Chelsea Handler
Takes On the Late
Night Boys Club

Plus: Stockard Channing,
The Best New Spas,
High-Tech Hair Fixes
And the Season's
Most Stunning
Jewels & Watches

BLAKE LIVELY

GOSSIP GIRL'S BREAKOUT
STAR LAUNCHES
A GROWN-UP CAREER



Great Escapes

Island hoppers, spiritualists and even city slickers will find the perfect antidote to life's stresses at these soothing new spots.

SWEPT AWAY

The Coral Reef Club Spa, St. James, Barbados

With its genteel, plantation-style

architecture, this resort on the island's west coast has enticed guests since the Fifties. A new 6,000-square-foot spa added to the property and opening mid-December maintains its open-air, breezy atmosphere. Two guests can be pampered together in the outdoor couples' pavilion, and each of the spa's four treatment rooms opens to its own private garden. Those eager to sample the island's crops can choose one of the spa's signature body scrubs—lemongrass and ginger, mojito, the less abrasive pineapple and coconut, or the manly allspice—but patrons who prefer Natura Bissé products for treatments will find those on the menu as well.

246.422.2372, coralreefbarbados.com

The Spa at Encantado, Santa Fe, New Mexico

A modern Southwestern vibe pervades the new Santa Fe hotel Encantado. Classic stucco buildings are updated with large glass windows, all the better to see the Jemez and Sangre de Cristo mountains, and massive sliding doors and terraces give guests a sense that they are one with the desert landscape. The 10,000-square-foot spa adds a bit of zen to the already serene surroundings. Of 15 treatment rooms, the two oversize suites designated for couples and VIPs are our favorites. Each comes equipped with its own steam room, sauna, indoor and outdoor showers,

and private entrance. The Altitude Adjustment Massage incorporates aromatherapy to help guests adapt to Santa Fe's elevation, and the seamlessly fluid Interpretive Touch, choreographed by a dancer, promises a deep-tissue massage without the torture.



From top: The Coral Reef Club; a Luxury Cottage entrance at Coral Reef; Lapis, the Spa at Fontainebleau; ingredients used at the Spa at Encantado; the warm room at Encantado.



Lapis, the Spa at Fontainebleau, Miami Beach

There's nothing like a \$1 billion renovation to shake the old-fashioned reputation from a Miami landmark that's been around for more than 50 years. The legendary hotel has been meticulously restored to its original splendor, but it has also added a 40,000-square-foot spa called Lapis. A 35-foot-long rain tunnel leads to several immersion pools and comfy hammam benches. Signature treatments include the Oh So Deep Russian, an intense massage that reaches down into the body's fascia area below the muscles, and the S & M in Miami, which has nothing to do with bondage. Two round crystals—one warm, named after the sun (S), and one cold, representing the moon (M)—are worked over the body after a mineral bath. The spa's biggest draw may be famed New York facialist Tracie Martyn, whose two most popular treatments will be offered at her first satellite location. 866.750.4772, fontainebleaumiami.com