

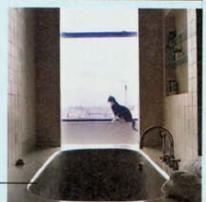
# Rethink your bathroom with the help of DECO's three experts: Marcia Kilgore of new London spa Bliss; Robert Calcraft of über-cool cosmetics company Ren; and Julian Vogel of Modus Publicity, whose clients include Elemis, Sundari and MAC By Claire Bingham Styling Finola Inger Photography Mel Yates and Hugh Stewart

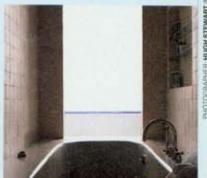


### BLISSFUL BATHING MARCIA KILGORE

Marcia Kilgore (below) is the woman behind New York's hugely successful Bliss Spa and she's just opened her first UK spa in London. Having soothed stressed-out Statesiders for the last five years, she knows exactly what's needed for a calming bathroom. Her own, in her penthouse flat in Brooklyn, is compact with a sunken bath. 'I don't like anything ornate,' she says. 'My style is simple.' Her advice for enjoying bath time? 'Always have a glass of wine,' she says. 'I usually light a candle and put a towel behind my neck so I can relax.' Bliss. Treatments at Bliss London cost from £23 for a manicure (020 7584 3888; www.blissworld.com).







#### SUNKEN BATH

Marcia's polished concrete bath (see main picture) with built-in whirlpool jets was a bespoke installation, made by a New York company. For something similar, try cement supremos Totem Design, who can cast a similar tub to commission (expect to pay anything from £6,000 upwards).

In theory, any bath can be transformed into a sunken design by raising the surrounding floor. Of course, this is a major task, and you need to be sure your ceiling is sufficiently high that you'll be able to stand up straight on the newly raised floor.

If you want to completely overhaul your room, contemporary bathroom design company Bathaus can visit your home and draw up plans.

#### VERSATILE WINDOW

Marcia's window changes from opaque to transparent at the flick of a switch (see left and below left). It's made from a product called SGG Priva-lite, which has a film of liquid crystal molecules between two sheets of glass. When a current passes through them, the molecules scatter, turning the glass opaque; when switched off, they line up and the panel is clear. Contact Solaglass for a quote (installations cost from £1,500 per sq m).

For a permanent frosted look, install acid-etched glass, from good glaziers; or buy acid-etch spray, £3.29 per 150ml, at Focus, and frost the window yourself. ▷

## BLISSFUL BATHING

Where and what to get to have the look of Marcia's chilled-out New York bathroom:

An alternative to a poured concrete bath, like Marcia's, is to use either Corian (see page 14 for more details) or the similar polyester-based solid-surface material Durat. Joins where the floor and tub meet can be sanded down for a seamless look.

German company Sprinz makes a good selection of frameless glass shower enclosures, available at Bath And Glassworks.

Marcia's shower has a mosaic-tiled wall and two shower heads (see below). For similar wide, old-fashioned **shower roses**, try West One Bathrooms; for tiles, try 'Glacial' glass tiles in an ice or frost finish, £5.99 each for a 10cm sq size, from Smith & Wareham.

■ The bath surround in Marcia's bathroom incorporates a **flexible-hose hand shower** (see main picture, previous page) which pulls out, then fits neatly back into the surround when not in use. Try Aston Matthews for a similar design, from £35.

To keep the look light and uncluttered, install glass shelves made from 8mm-thick toughened glass supported on chrome brackets, both available from DIY stores.







WALL-MOUNTED RADIATOR ABOVE LEFT: flat-panelled radiator

flat-panelled radiator with chrome pegs, from a selection, Bisque. Medium linen towel, from E23, Acca Kappa.

CERAWIC BOWLS
ABOVE CENTRE: from left: 'Circle' faience
goblet. £6.95, Aria.
Ceramic bowls, small
'D11', from £11; large
'D14', from £16, both

Bosa Ceramiche.

ACCESSORIES
ABOVE RIGHT:
On bottom shelf:
ribbed hand towel,
£7.95, The White
Company, On middle
shelf: 'Classic' bath
towel, £13, The White
Company, Bath sheet.

£17.99, Next Home.

'Bianco' hairbrush from £11.50, Acca Kappa. Small 'Tarpaulin' wash bag, £3.95, Muji. On top shelf: frosted flip-top bottle, £1.95; frosted pump bottle, £2.75; large 'Tarpaulin' wash bag, £3.95. all Muji. In bag. eucalyptus toothpaste, from £1.70. Acca Kappa Soulful' bath oil. £15, and eau de toilette spray, £29, both Space NK

SUNKEN BATH
OPPOSITE: for a
similar bath, try the
'Centroform' bath
by Kaldewei, £970,
from Scobles.
Chrome and frosted
glass trolley (27 W



x 80 H x 46cm D). £340. Samuel Heath & Sons. On bath surround, from top bath sheet, £29.50, Designers Guild Linen towels, small from £16.80, and large, from £49.50, Acca Kappa. Ribbed towelling bath mat, £8. The White Company. On trolley: bottom shelf, bath towel, £39.95. Aria Ribbed hand towel as before. On middle shelf: 'Classic' bath sheet, £19.50, The White Company Hand towel, £6.99 bath towel, £12.99. both Next Hame. On top shelf: silver mesh wash bag, £10. Heal's. On glass shelf: wash bag and toiletries.

For stockist information, turn to page 134. Create a calming home spa with clean lines, seamless finishes and soft, white towels

#### MARCIA'S BATHROOM PLAN:

1) double basins; 2) two shower heads in glass enclosure; 3) polished concrete bath; 4) window made from SGG Priva-lite. 5) glass shelves; 6) corridor.

