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THE CHIC
THE BEST NEW
AMERICAN
FASHION

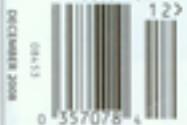
Oh, Suzanne: The
Return of L.A.'s Most
Over-the-Top Socialite

Waist Not, Want
Not: Secrets of
Skinny Foodies

Chelsea Handler
Takes On the Late
Night Boys Club

Plus: Stockard Channing,
The Best New Spas,
High-Tech Hair Fixes
And the Season's
Most Stunning
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STAR LAUNCHES
A GROWN-UP CAREER
LIVELY



Great Escapes

Island hoppers, spiritualists and even city slickers will find the perfect antidote to life's stresses at these soothing new spots.

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SWEPT AWAY

The Coral Reef Club Spa, St. James, Barbados

With its genteel, plantation-style architecture, this resort on the island's west coast has enticed guests since the Fifties. A new 6,000-square-foot spa added to the property and opening mid-December maintains its open-air, breezy atmosphere.

Two guests can be pampered together in the outdoor couples' pavilion, and each of the spa's four treatment rooms opens to its own private garden. Those eager to sample the island's crops can choose one of the spa's signature body scrubs—lemongrass and ginger, mojito, the less abrasive pineapple and coconut, or the manly allspice—but patrons who prefer Natura Bissé products for treatments will find those on the menu as well.

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From top: The Coral Reef Club; a Luxury Cottage entrance at Coral Reef; Lapis, the Spa at Fontainebleau; ingredients used at the Spa at Encantado; the warm room at Encantado.



Lapis, the Spa at Fontainebleau, Miami Beach

There's nothing like a \$1 billion renovation to shake the old-fashioned reputation from a Miami landmark that's been around for more than 50 years. The legendary hotel has been meticulously restored to its original splendor, but it has also added a 40,000-square-foot spa called Lapis. A 35-foot-long rain tunnel leads to several immersion pools and comfy hammam benches. Signature treatments include the Oh So Deep Russian, an intense massage that reaches down into the body's fascia area below the muscles, and the S & M in Miami, which has nothing to do with bondage. Two round crystals—one warm, named after the sun (S), and one cold, representing the moon (M)—are worked over the body after a mineral bath. The spa's biggest draw may be famed New York faciologist Tracie Martyn, whose two most popular treatments will be offered at her first satellite location.

866.750.4772, fontainebleau.com/lapisbench.com